



DISCOVER CUBA with Londonmet: Study Tour departs December 6th

Join the [International Institute for the Study of Cuba](http://www.londonmet.ac.uk/research-units/cuba/consultancy/londonmet-08.cfm) on its second annual visit to Havana for staff and students at Londonmet. Get to see aspects of Cuba that the tourists do not see and have the benefit of being accompanied by the IISC assistant director, [Dr Stephen Wilkinson](mailto:stephen.wilkinson@londonmet.ac.uk). The talks, visits and lectures will be particularly useful to students of Education, Politics, History, Media, International relations, Tourism and Health, but anyone is welcome to participate. The tour is being organised with the help of [Old Havana Ltd.](http://www.oldhavana.com) (ATOL registered No: 9627)

DATES: 06-12 DECEMBER 2008

DEADLINE FOR SIGN UP: 16 OCTOBER 2008

PRICE: For students (sharing a room) **£949**

For staff (single room) **£1,199**

(Optional one-week extensions available)

INCLUSIVE OF CUBAN TOURIST VISA, MEALS AS LISTED, TRANSFERS in CUBA, SERVICE OF GUIDE, ENTRANCE TO ALL VISITS and FLIGHTS*

ITINERARY

Day 1 Saturday DEC-06-08

Departure from London Gatwick on the Cubana Airline flight CU401

Transfer on arrival to Habana Libre Hotel

Check in at the hotel in B&B plan

Evening Free

Day 2 Sunday DEC-07-08

Morning: Free

Lunch at Cafe Taberna

Afternoon salsa dancing lesson in Old Havana!

Day 3 Monday DEC-08-08

Visit to the Centro de Estudios de los Estados Unidos (CESEU), for lecture on Cuba-US relationships.

Lunch at El Aljibe restaurant

In the afternoon: Visit to the Centro de Estudios de la Economía Cubana (CEEC) for a lecture on the Cuban Economy

Day 4 Tuesday DEC-09-08

Visit to the model of Havana City "La Maqueta de La Habana" in Miramar, for a discussion of the architecture and history of the city.

Lunch at Santo Angel

In the afternoon a guided visit to Escuela Latinoamericana de Ciencias Médicas.

Day 5 Wednesday DEC-10-08

Visit to Finlay Institute for explanation of Cuba's advances in biomedical science

Lunch at Rancho Palco

In the afternoon: sightseeing and exploration. Revolution Square, Old Havana.

Day 6 Thursday DEC-11-08

Visit to the Faculty of Communications, University of Havana for a discussion on the Cuban media

Lunch at La Torre

Visit to a Primary School for an exchange of gifts and experiences

Day 7 FRIDAY DEC-12-08

Free to explore and do shopping

Afternoon: Departure transfer

Further details: <http://www.londonmet.ac.uk/research-units/cuba/consultancy/londonmet-08.cfm>

Feedback on last year's tour: <http://www.londonmet.ac.uk/research-units/cuba/consultancy/londonmet-07.cfm>

To book: Please call Antonio Guevara at Old Havana Ltd. 020 7621 6524

aguevara@scuktravel.com **More info:** Stephen Wilkinson IISC, stephen.wilkinson@londonmet.ac.uk

*Please note. Itinerary is subject to change. All efforts will be made to ensure these arrangements are made, but owing to local conditions alternative activities may have to be substituted. Flights are economy class. Upgrades are available- contact Antonio Guevara for details and prices.